

# Hilo native leads personalized tours

Warren Costa shares his knowledge and passion for Hawai'i Island.

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## Food Trends

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### APP PROPOS

Stick to your resolution via your smartphone

### WANDERLUST

Annual yoga festival returns to the Turtle Bay Resort

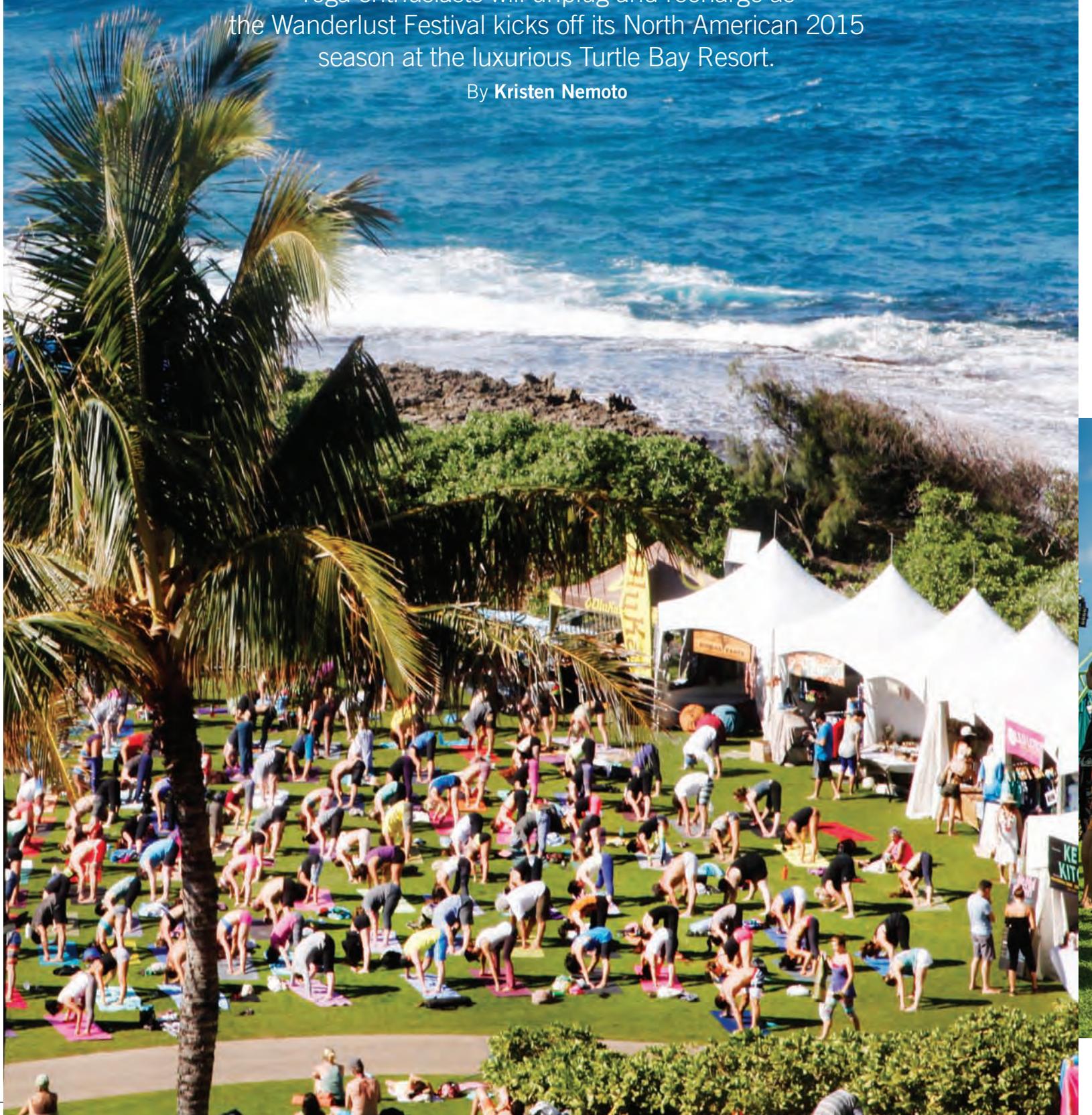
### SPEED DATING

It's not for everyone but it's a quick way to meet people

# The Wander Year

Yoga enthusiasts will unplug and recharge as the Wanderlust Festival kicks off its North American 2015 season at the luxurious Turtle Bay Resort.

By **Kristen Nemoto**



IT WAS A SCENE out of a perfect promotional snippet. As waves crashed against Oahu's Turtle Bay Resort Kuilima "Point" rocky edge, hundreds of aspiring yogis gathered barefoot and blissful to breathe in sync at the second annual 2014 Wanderlust Oahu Festival. Yoga instructor and philanthropist Sean Corne knelt down at the edge of the concert stage, stared out into the crowd of splayed hands and elongated backs and asked them all to make a silent prayer for those in need.

"Think of all those who are suffering in this world," Corne said while sipping in the salty sea air. "Let's set an intention now, together — and just possibly we will be able to send energy waves to regions across the world."

Altruistic and ambitious at its finest, the Wanderlust Oahu Festival is a culmination of music and nature while mastering the art of stillness, unplugged moments, relaxation and, of course, a bountiful amount of yoga.

"We are thrilled to come back to the fabled North Shore of Oahu," says Jeff

Krasno, co-founder of Wanderlust, in a recent press release. "The integration of surfing and stand-up paddle boarding with yoga and music makes this festival so unique for us. Beyond the epic surf breaks and warm sunsets, Turtle Bay is the perfect setting for Wanderlust. It's grandiose and, at the same time, intimate — a perfect place to foster community."

And that community is one that provides an overwhelming sense of regrouped thoughts and "purpose-driven" intentions by all those who attend. These similar values are the reasons why Krasno established this annual world-wide festival in 2008. Back then, Krasno was working as a music producer with longtime friend and business partner Sean Hoess in Manhattan. As Krasno's wife, Schuyler Grant, opened a successful yoga studio just above their Tribeca office, he became fascinated with the amount of active people who would come in large numbers with their sticky mats in hand, ready to unwind the day away. Inspired by his wife and all the

Last year's Wanderlust Oahu Festival featured outdoor classes at Turtle Bay's scenic Kuilima Point.

**"The idea of conscious living can spread one person at a time ... It's an internal exploration to know one's self."**

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**Not just a yoga retreat, Wanderlust Oahu will allow guests to explore all that the North Shore has to offer in hiking trips, surfing lessons and SUP sessions.**

yogis who sought out a commune that promotes a healthier lifestyle, Krasno decided to combine his and Hoess' ability to produce and promote and marry that with the yoga community.

"We wanted to create a large scale retreat that combines all the best things in life," Krasno says. "Yoga, mindfulness and organic food; of culture, music and art. And it just began to figure out from there. It sort of has been amazing of all the different talent that has attracted to it, too."

This includes, says Krasno, an overwhelming — yet unsurprising — attraction to the island of Oahu.

From Thursday, Feb. 26 to Sunday, March 1, the Wanderlust Festival will commence its third annual retreat at the Turtle Bay Resort. Guests will have a variety of events and activities to choose from, such as hiking, fishing, running, Segway and moped tours, surfing and stand-up paddle lessons, teaching and health seminars, Speakeasy sessions, meditation classes, concerts, spa treatments, a "sea-to-table" dinner and, of course, yoga lessons from such renowned instructors as Shiva Rea, Eoin Finn and Seane Corn.

Whether you're trying to eat well, interested in growing spiritually or looking to catch a great concert (Brett Dennen and Nahko & Medicine for the People will perform), the hope for the Wanderlust Festival overall has become a "hyper reality" oasis that will energize people to take further within their lives.

"The idea of conscious living can spread with one person at a time," Krasno says. "It's an internal exploration to know one's self and be able to meander about in that process."



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